

Ciaccio Assessment

Please answer the following questions by circling the number you feel is most appropriate in relation to your life. Pay careful attention to the two ends of the 7-point scale.

1. I am generally happy with my life.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

2. I feel depressed most of the week.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

3. I do not worry about how things are going to work out.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

4. I am satisfied with my marriage (if applicable).

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

5. My relationship with my child/children is fulfilling (if applicable).

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

6. I enjoy going to work (if applicable).

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

7. I have an interior conflict that is bothering me.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

8. I have trouble concentrating during the day.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

9. Troubling images or thoughts from my past come to mind often.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

10. God is someone who is far from me.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

11. I feel loved.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

12. I have a substance abuse problem.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

13. I have feelings of worthlessness.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

14. God exists.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

15. I am anxious about many things.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

16. My relationship with my parent(s) is struggling.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

17. I watch pornography.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

18. I feel attracted to the same sex.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

19. I struggle with an eating disorder.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

20. I have been affected by an abortion(s).

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

21. My phone is within arms length 24 hours per day.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

22. I have close , healthy same sex relationships.

Strongly disagree 1 2 3 4 5 6 7 Strongly Agree

For office use only

Date:

Patient:

Test #: